

# Cliff Drysdale Tennis

## ADULT DEVELOPMENT PATHWAY



### MONTH 1: TENNIS 101

- **4 Week Program**
- **Team Up Event**
- **Practice**
- **Optional Lessons**

This is our beginner tennis program designed for those who are new to tennis or returning to the game. It will provide you all the basic fundamentals along with how to rally and score. This is a fun social class that will have you meeting new friends and enjoying the game. No racquet no worries, we have you covered!

### MONTH 2: TENNIS 201

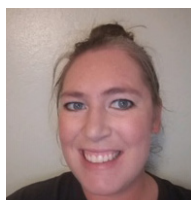
- **6 Week Program**
- **Team Up Event**
- **Play Options**
- **Optional Lessons**

This is the next step in the tennis journey for tennis 101 graduates or for those with tennis experience returning to the game and needing a brush up. This clinic will develop all your tennis fundamentals along with furthering your stroke and rally development with a focus on court positioning for enhanced play while still in a social and fun class setting.

### MONTH 3: & BEYOND

- **Programming**
- **Adult Social Play Options**
- **Leagues/Events**

Our adult program is designed to create fun, innovative and social entry points for players into tennis with instructional programming and social tennis play options along with a play to learn philosophy. Once you are orientated in our programs we have a variety of clinics/lessons, social play and competitive options designed to challenge all player levels in a fun and social environment. Whatever your stroke is we have you covered.



**HEATHER SULLENGER**  
Tennis Professional

*Please contact Heather Sullenger for additional information regarding programming, lessons, evaluations, and class placement.*

Work: 559-622-0480  
Email: [h.sullenger@cliffdrysdale.com](mailto:h.sullenger@cliffdrysdale.com)  
Facebook: [@tennisvisalia](https://www.facebook.com/tennisvisalia)





## Program:

Continuing to enjoy the game and make progress with your development relies on your ongoing stroke and educational development. We offer some great programs to assist in that including:

- **4 week tennis 101 program** – Designed for those new to tennis.
- **6 week tennis 201 program** – Designed for tennis 101 graduates and also those with previous tennis experience and returning to the game.
- **Drop in clinics** – A variety of fun clinics for different levels to keep moving you forward with your game and development.
- **Lessons** – A great way to develop your skills and game on your schedule, 1 on 1 with a pro.

## Adult Social Play:

Meeting new players at your level to enjoy the game in a fun and social setting is key. Our Social Play options provide you a variety of ways to enjoy the game on your terms. Some of our options available include:

- **Team Up Events** – A complimentary fun and social tennis mixer for entry level players giving you the chance to mix with players your level both on and off the court.
- **Club Social Mixers** – Each club has an adult tennis calendar highlighting monthly/quarterly social tennis mixers for players of all levels.
- **Social Play Options** – We offer drop in and monthly social play options at our clubs that are either led by the pros or members, but provide all players a chance to play and meet new friends. Ask your pro for details.

## League/Events:

if competition is your thing then we have you covered with competition options for all player levels including:

- **Internal Club Leagues** – Singles/Doubles level based leagues that are run on a weekly base at the club.
- **USTA/Outside Leagues** – Singles/Doubles level based leagues in a team format competing against other clubs.
- **USTA/UTR Tournament** – Singles/Doubles level based tournaments hosted at various clubs in the areas in one off occurrences.